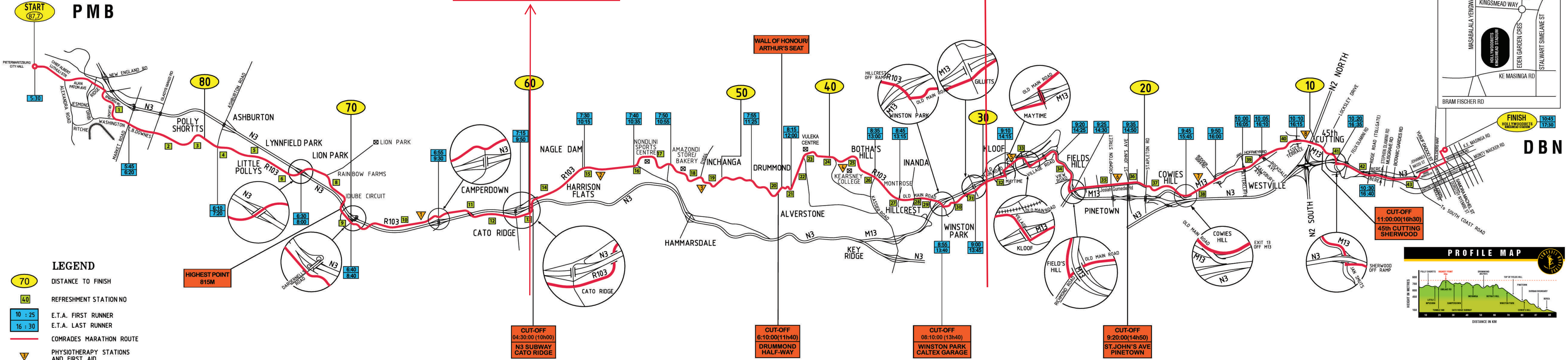


# ROUTE MAP



**TEAM VITALITY**  
30 km point  
seconding table

**TEAM VITALITY**  
60 km point  
seconding table

- LEGEND**
- 70** DISTANCE TO FINISH
  - 40** REFRESHMENT STATION NO
  - 10 : 25** E.T.A. FIRST RUNNER
  - 16 : 30** E.T.A. LAST RUNNER
  - COMRADES MARATHON ROUTE
  - PHYSIOTHERAPY STATIONS AND FIRST AID

