



**Contact details** 

Tel: 0860 101 252 • PO Box 652509, Benmore 2010 • www.retailmedicalscheme.co.za

## **Screening Benefit: exception form**

## Who we are

Retail Medical Scheme (referred to as 'the Scheme"), registration number 1176, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd administers the Scheme.

## Purpose of this form

You complete this form to manage an exception process for the manual capturing of Screening Assessment metrics for members outside of South Africa and members within South Africa who do not have access to healthcare providers in the Scheme's provider Network.

Please make sure you are using the most up-to-date form. Download the latest version of all forms from <a href="www.retailmedicalscheme.co.za">www.retailmedicalscheme.co.za</a>.

## How to complete this form

This form must be completed and emailed to  $\begin{tabular}{l} healthchecks@discovery.co.za. \end{tabular}$ 

1. Healthcare Professional details					
Date	D D M M Y Y Y				
First name(s)					
Surname					
Practice/registration number		Country			
2. Member details					
Membership number					
ID or passport number					
First name(s)					
Surname					
Email					
3. Screening for adults (18 years and older)					
Blood pressure	Systolic	Diastolic			
<b>Body Mass Index</b>	Height	cm Weight kg			
	Abdominal circumference	cm			
Blood glucose	Random glucose	mmol/I HbAC1c %			
Cholesterol	Total cholesterol	mmol/I HDL %			
	LDL	mmol/l Triglycerides   mmol/l			

4. Screening for children (2 - 18 years old)					
Blood pressure	Systolic	Diastolic			
Body Mass Index	Height cm	Weight	Abdominal circumference cm		
Healthcare provider signature			Date D M M Y Y Y Y		