

Chronic Illness Benefit medicine list (formulary) 2022

Who we are

Retail Medical Scheme (referred to as "the Scheme"), registration number 1176, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd administers Retail Medical Scheme.

Contact us

You can call us on **0860101252** or visit www.discovery.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Retail Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we cover you up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Retail Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2022 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes for any setting according to clinical guidelines.

Contact us

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The Prescribed Minimum Benefit (PMB) Chronic Illness Benefit (CIB) medicine list for Retail Essential and Essential Plus Options

Medicine marked with an asterisk (*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R130	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose * 100mcg
				Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R110	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
			Pulmicort turbuhaler 200 dose 200mcg	
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500
				Sereflo DPI 60 dose 50/100; 50/250
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R110	Anti-depressants: SSRI's	Citalopram	
			Adco-Talomil 20mg	
			Citalopram 20 Oethmaan 20mg	
			Depramil 20mg	
		Recita 20mg		
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	
			Esetam 10mg; 20mg	
Espradep * 10mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R110	Anti-depressants: SSRI's	Escitalopram	Zyescito * 10mg; 20mg
			Fluoxetine	Deprozan 20mg
				Fluoxetine 20 Oethmaan 20mg
				Prolax 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
	Serlife 50mg; 100mg			
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
Zylena 5mg; 10mg				
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Psyquet 25mg; 100mg; 200mg; 300mg	
			Truvalin 25mg; 100mg; 200mg; 300mg	
			Zimbiquet 25mg; 100mg; 200mg; 300mg	
R560	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
			Fluanxol Depot 1ml 20mg	
		Zuclopenthixol	Clopixol 2mg; 10mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength			
Bipolar mood disorder	R560	Anti-psychotics: Thioxanthene derivatives	Zuclopenthixol	Clopixol depot 200mg			
				R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
	Abipip ODT 10mg; 15mg						
	Apripent 5mg; 10mg; 15mg						
	Aprizon 5mg; 10mg; 15mg						
	Aridus 10mg; 15mg						
	Aripiprazole Mylan 5mg; 10mg; 15mg						
	Aripiprazole Teva 5mg; 10mg; 15mg						
	Arizofy 5mg; 10mg; 15mg						
	Priptrin 10mg; 15mg						
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg			
				Rispacor 0.5mg; 1mg; 2mg; 3mg			
				Rispide 0.5mg; 1mg; 2mg			
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg			
				Zoxadon ODT 0.5mg; 1mg; 2mg			
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Asthavent ecohaler 200 dose * 100mcg			
				Glenbute 200 dose 100mcg			
				Ventimax CFC free 200 dose 100mcg			
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg			
				R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
	Panafcort 5mg						
	Trolic 5mg						
	Cardiac failure	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg		
					Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg	
Lisinopril co Unicorn 10/12.5mg; 20/12.5mg							
Lisoretic 10/12.5mg; 20/12.5mg							
Lisozide 10/12.5mg; 20/12.5mg							
Perindopril and diuretics				Bioprexum Plus 10/2.5mg			
				Ciplasyl Plus 4/1.25mg			
				Circator Plus 4/1.25mg			
				Pearinda Plus 4/1.25mg; 8/2.5mg			
				Perindopril co Unicorn 4/1.25mg			
				Prexum Plus 5/1.25mg			
Spec-Perindopril Plus 4/1.25mg				Trexeva Plus 5/1.25mg	Vectoryl Plus 4/1.25mg		
		R65	ACE inhibitors: Plain			Captopril	Bio-Captopril 25mg
							Mylan Captopril 25mg; 50mg
		Enalapril	Alapren 5mg; 10mg; 20mg			Enalapril Unicorn 5mg; 10mg; 20mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R65	ACE inhibitors: Plain	Enalapril	Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R90	Angiotensin II antagonists Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
	R75	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Zaario 50mg; 100mg
R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	
R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor * 5mg; 10mg	
			Bilocor * 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo * 5mg; 10mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength	
Cardiac failure	R70	Beta blocking agents: Selective	Bisoprolol	Bisoprolol Unicorn *	5mg; 10mg
				Bisozyd *	5mg; 10mg
				Emcor	5mg; 10mg
				Presicard	5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin	0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup	0.05mg/1ml
	R20	High-ceiling diuretics	Furosemide	Dino-Retic	40mg
				Diuresix	40mg
				Furobe	40mg
				Mylan Furosemide	40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide	25mg
				Ridaq	12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg
				Catexan	2.5mg
				Cipla-Indapamide	2.5mg
				Dapril *	2.5mg
				Mylan Indapamide *	2.5mg
	R120	Potassium sparing agents	Spirolactone	Spiractin	25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR	600mg
				Ultipot	600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
			Isosorbide mononitrate	Ismo	20mg
				Monicor SR	60mg
R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml		
			Influvac tetra single dose 0.5ml pre-filled syringe		
			Vaxigrip tetra single dose 0.5ml pre-filled syringe		
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml		
			Pneumovax 23 single dose vial 0.5ml *		
Cardiomyopathy	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co	20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co	10/12.5mg; 20/12.5mg
				Lisinopril co Unicorn	10/12.5mg; 20/12.5mg
				Lisoretic	10/12.5mg; 20/12.5mg
		Lisozide		10/12.5mg; 20/12.5mg	
		Perindopril and diuretics	Bioprexum Plus	10/2.5mg	
			Ciplasyl Plus	4/1.25mg	
			Circator Plus	4/1.25mg	
			Pearinda Plus	4/1.25mg; 8/2.5mg	
			Perindopril co Unicorn	4/1.25mg	
			Prexum Plus	5/1.25mg	
			Spec-Perindopril Plus	4/1.25mg	
			Trexeva Plus	5/1.25mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R80	ACE inhibitors and diuretics	Perindopril and diuretics	Vectoryl Plus 4/1.25mg
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
	Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R90	Angiotensin II antagonists Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
Tremistan Plus 40/12.5mg; 80/12.5mg				
R75	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg	
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Zaario 50mg; 100mg	
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor * 5mg; 10mg
				Bilocor * 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo * 5mg; 10mg
				Bisoprolol Unicorn * 5mg; 10mg
				Bisozyd * 5mg; 10mg
				Emcor 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	High-ceiling diuretics	Furosemide	Dino-Retic 40mg
				Diuresix 40mg
				Furobe 40mg
				Mylan Furosemide 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril * 2.5mg
				Mylan Indapamide * 2.5mg
	R120	Potassium sparing agents	Spirolactone	Spiractin 25mg
	R110	Potassium supplements	Potassium chloride	Plenish-K SR 600mg
				Ultipot 600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml
Influvac tetra single dose 0.5ml pre-filled syringe				
Vaxigrip tetra single dose 0.5ml pre-filled syringe				
R175	Pneumococcus vaccines	Pneumococcus, purified polysaccharides antigen	Pneumovax 23 single dose pre-filled syringe 0.5ml	
			Pneumovax 23 single dose vial 0.5ml *	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	
			Asthavent ecohaler 200 dose * 100mcg	
			Glenbute 200 dose 100mcg	
			Ventimax CFC free 200 dose 100mcg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength	
Chronic obstructive pulmonary disease (COPD)	R110	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg	
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R886	Surgical item: Oxygen concentrator 5L	Oxygen	Oxygen Concentrator 5L	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
				Panafcort	5mg
				Trolic	5mg
	R135	Influenza vaccines	Influenza, purified antigen	Influvac 0.5ml	
				Influvac tetra single dose 0.5ml pre-filled syringe	
				Vaxigrip tetra single dose 0.5ml pre-filled syringe	
Chronic renal disease	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg	
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg	
				Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
				Lisoretic 10/12.5mg; 20/12.5mg	
				Lisozide 10/12.5mg; 20/12.5mg	
		Perindopril and diuretics	Bioprexum Plus 10/2.5mg		
			Ciplasyl Plus 4/1.25mg		
			Circator Plus 4/1.25mg		
			Pearinda Plus 4/1.25mg; 8/2.5mg		
			Perindopril co Unicorn 4/1.25mg		
			Prexum Plus 5/1.25mg		
			Spec-Perindopril Plus 4/1.25mg		
			Trexeva Plus 5/1.25mg		
			Vectoryl Plus 4/1.25mg		
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg	
				Mylan Captopril 25mg; 50mg	
			Enalapril	Alapren 5mg; 10mg; 20mg	
				Enalapril Unicorn 5mg; 10mg; 20mg	
				Hypace 5mg	
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
				Austell-Lisinopril 10mg; 20mg	
				Liso 5mg; 10mg; 20mg	
				Lizro 5mg; 10mg; 20mg	
				Sinopren 5mg; 10mg; 20mg	
			Perindopril	Ciplasyl 4mg	
				Circator 4mg; 8mg	
				Pearinda 4mg; 8mg	
Perindopril Unicorn 4mg; 8mg					
Prexum 10mg					
Ran-Perindopril 4mg					

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R65	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R90	Angiotensin II antagonists Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
	R75	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Zaario 50mg; 100mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
				Zypiron vial 5ml 20mg/1ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml				
Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml				
Aranesp pre-filled syringe 0.4ml 80mcg/0.4ml				
Aranesp pre-filled syringe 0.5ml 100mcg/0.5ml				
Erythropoietin			Eporex pre-fill 2000U/0.5ml	
			Eporex pre-fill 4000U/0.4ml	
			Repotin ampoule 1ml 2000U; 4000U	
Methoxy polyethylene glycol-epoetin beta			Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 120mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 150mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 200mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 250mcg/0.3ml
	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg
Coronary artery disease	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R85	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				R70
	B-Block 50mg; 100mg			
	Tenopress 50mg; 100mg			
	Bisoprolol	Adco-Bisocor 5mg; 10mg		
		Betacor * 5mg; 10mg		
		Bilocor * 5mg; 10mg		
		Bisbeta 5mg; 10mg		
		Bislo * 5mg; 10mg		
		Bisoprolol Unicorn * 5mg; 10mg		
		Bisozyd * 5mg; 10mg		
	Emcor 5mg; 10mg			
	Presicard 5mg; 10mg			
	R205	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
				Verapamil
			Verahexal SR 240mg	
			Verapamil 40 Oethmaan 40mg	
	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Amtas 5mg; 10mg
Aprate 5mg; 10mg				
Austell-Amlodipine 5mg; 10mg				
Ciplavasc 5mg; 10mg				
Besyloc 5mg; 10mg				
Gulf Amlodipine * 5mg; 10mg				
Lomanor 5mg; 10mg				
Nifedipine			Cipalat Retard 20mg	
			Cipalat XR 30mg; 60mg	
			Fedaloc SR 30mg; 60mg	
			Fidocare XL 30mg; 60mg	
			R250	Vasodilators in cardiac disease: Organic nitrates
Isosorbide mononitrate	Ismo 20mg			
	Monicor SR 60mg			

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength	
Crohn's disease	R10	Folic acid and derivatives	Folic Acid	Be-Tabs Folic acid	5mg
				Folic acid	5mg
	R980	Intestinal anti-inflammatory agents: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg
				Asacol suppository	500mg
				Mezavant	1200mg
				Pentasa	500mg
				Pentasa suppository	1000mg
				Sulfasalazine	Salazopyrin
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
				Azathioprine PCH	50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
				Panafcort	5mg
Trolic				5mg	
Diabetes insipidus	R1 450	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn	0.1mg; 0.2mg
				Ddavn nasal spray 5ml	0.1mg/1ml
Diabetes mellitus Type 1	***Please note an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Essential and Essential Plus Options is R700.				
	R460	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
			Insulin Glulisine	Apidra - cartridge 3ml	
	R700	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml	
				Humulin 30/70 - cartridge 3ml	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml	
				Humalog mix 50 - cartridge 3ml	
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Basaglar - cartridge 3ml *	
				Optisulin - cartridge 3ml	
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
				Myoprin	100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active	
				Accu-check test strip glucose instant	
				Glucocheck key test strip	
				Glucocheck test strip	
				Onetouch select plus test strips	
				Test strip blood glucose clicks bionime gs550	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R200	Blood glucose monitoring agents	Glucose strips	Test strip freestyle optium glucose
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose on call plus ez
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
			Needle novofine	
			Syringes	Syringe insulin 1.0ml with 27g needle
Syringe insulin bd microfine 12.7mm 1ml 9g				
Syringe insulin bd microfine 1ml 8mm 30g				
Syringe insulin bd microfine 8mm demi 0.3ml 30g				
Diabetes mellitus Type 2	R65	Anti-diabetic agents: Biguanides	Metformin	
			Accord Metformin 500mg; 850mg	
			Apex-Metformin 500mg	
			Austell-Metformin 500mg; 850mg	
			Bigsens * 1000mg	
			Diaphage 500mg; 850mg; 1000mg	
			Gluconorm 500mg; 850mg	
			Mylan Metformin 500mg; 850mg; 1000mg	
Romidab 500mg; 850mg; 1000mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength					
Diabetes mellitus Type 2	***Please note an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Essential and Essential Plus Options is R700.								
	R460	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml Novorapid - penfill 3ml					
			Insulin Glulisine	Apidra - cartridge 3ml					
			Insulin Lispro	Humalog - cartridge 3ml; kwikpen 3ml					
	R700	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml Humulin 30/70 - cartridge 3ml					
			Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml					
			Insulin Detemir	Levemir - pre-filled cartridge 3ml					
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Glargine	Basaglar - cartridge 3ml * Optisulin - cartridge 3ml					
			R160	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagluclide MR 60mg Diaran MR 30mg Dyna Gliclazide SR 30mg Gliclazide MR Austell 30mg; 60mg Gliclazide Unicorn MR 30mg Glytab MR 30mg			
					R200	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg Pioglitazone hydrochloride Macleods 15mg; 30mg	
	R30	Aspirin: Cardiovascular					Acetylsalicylic acid	Aspirin Teva 80mg Myoprin 100mg	
					R200	Blood glucose monitoring agents	Glucose strips	Accu-check test strip glucose active Accu-check test strip glucose instant Glucocheck key test strip Glucocheck test strip Onetouch select plus test strips Test strip blood glucose clicks bionime gs550 Test strip freestyle optium glucose Test strip glucose caresens n 29g Test strip glucose contour plus Test strip glucose contour ts Test strip glucose fora diamond blood Test strip glucose on call plus ez	
	R350	Surgical item						Lancets	Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g Lancet freestyle test Lancet glucocheck novicheck Lancet solus v2

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Lancets	Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
				Needle insulin pen verifine 4mmx10cmx15cm 32g
				Needle insulin pen verifine 4mmx10cmx15cm 33g
			Syringes	Needle novofine
				Syringe insulin 1.0ml with 27g needle
				Syringe insulin bd microfine 12.7mm 1ml 9g
Syringe insulin bd microfine 1ml 8mm 30g				
Dysrhythmia	R620	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R400	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Bio-Amiodarone * 200mg
				Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Myoprin 100mg
	R85	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Betacor * 5mg; 10mg
				Bilocor * 5mg; 10mg
				Bisbeta 5mg; 10mg
Bislo * 5mg; 10mg				
Bisoprolol Unicorn * 5mg; 10mg				
Bisozyd * 5mg; 10mg				
Emcor 5mg; 10mg				
Presicard 5mg; 10mg				
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R205	Selective calcium channel blockers with direct cardiac effects	Verapamil	Vasomil 40mg; 80mg
				Verahexal SR 240mg
				Verapamil 40 Oethmaan 40mg
Epilepsy	R30	Antiepileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R185	Antiepileptics: Benzodiazepines and derivatives	Clonazepam	Clonam 0.5mg; 2mg
				Rivotril * 0.5mg; 2mg
	R290	Antiepileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Antiepileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R110	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikepp 250mg; 500mg; 750mg
				Levetiracetam Unicorn 250mg; 750mg
				Redilev 250mg; 500mg; 750mg
			Topiramate	Epimate 25mg; 50mg; 100mg; 200mg
Toplep 25mg; 50mg; 100mg; 200mg				
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Folic acid 5mg	
Glaucoma	R205	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
	R235	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
				Spersatan 2.5ml 50mcg/1ml
	R205	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R105	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R250	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Duotrav 2.5ml
				Ganfort 3ml
				Glaumide-co 5ml
Glaupopt co 5ml				
Ocudor co 5ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-napamol bucket 500mg
				Adco-Prolief 500mg
				Cetapon 500mg
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Tranic 500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
			Coagulation factor IX	Octanate vial 10ml 500U; 1000U
				Haemosolvex IX 500U
	R1 450	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
				Ddavp nasal spray 5ml 0.1mg/1ml
Hyperlipidaemia	R335	Lipid modifying agent: Combinations	Pravastatin and Fenofibrate	Pravafen 40mg/160mg
	R300	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R45	Lipid modifying agents: Statins	Atorvastatin	Adco Atorvastatin 10mg; 20mg; 40mg
				Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg
				Astor * 80mg
				Cholmin 10mg; 20mg; 40mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
				Dynator 10mg; 20mg; 40mg; 80mg
				Lipogen 10mg; 20mg; 40mg; 80mg
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
Simvacor 10mg; 20mg; 40mg				
Simvotin 10mg; 20mg; 40mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R165	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Enap co 20/12.5mg
				Lisinopril and diuretics
			Lisinopril co Unicorn 10/12.5mg; 20/12.5mg	
			Lisoretic 10/12.5mg; 20/12.5mg	
			Lisozide 10/12.5mg; 20/12.5mg	
			Perindopril and diuretics	Bioprexum Plus 10/2.5mg
				Ciplasyl Plus 4/1.25mg
				Circator Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
			Vectoryl Plus 4/1.25mg	
	R180	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Austell-Lisinopril 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Ciplasyl 4mg
				Circator 4mg; 8mg
				Pearinda 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
Prexum 10mg				
Ran-Perindopril 4mg				
Reprex 4mg; 8mg				
Vectoryl 4mg; 8mg				
Zyace 4mg				
R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg	
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg	
			Carvetrend 6.25mg; 12.5mg; 25mg	

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R220	Alpha and Beta blocking agents	Carvedilol	Rubitrend 12.5mg; 25mg
	R175	Angiotensin II Antagonists and calcium channel blockers	Valsartan and Amlodipine	Calsar 5/80mg; 5/160mg; 10/160mg
				Dafiro 5/160mg; 10/160mg
				Valduo 5/160mg; 10/160mg
				Valvasc 5/160mg; 10/160mg
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
				Zartan co 50/12.5mg; 100/25mg
			Telmisartan and diuretics	Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
	R75	Angiotensin II antagonists: Plain	Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Zaario 50mg; 100mg
	R190	Antiadrenergic agents: Alpha-adrenoreceptor antagonist	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R170	Antiadrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Mylan Methyldopa 250mg
	R35	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R100	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R85	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg	
			B-Block 50mg; 100mg	
			Tenopress 50mg; 100mg	
		Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Betacor * 5mg; 10mg	
			Bilacor * 5mg; 10mg	
			Bisbeta 5mg; 10mg	
			Bislo * 5mg; 10mg	
			Bisoprolol Unicorn * 5mg; 10mg	
			Bisozyd * 5mg; 10mg	
Emcor 5mg; 10mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R70	Beta blocking agents: Selective	Bisoprolol	Presicard 5mg; 10mg	
	R125	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg	
	R20	High-ceiling diuretics	Furosemide	Dino-Retic	40mg
				Diuresix	40mg
				Furobe	40mg
				Mylan Furosemide	40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide	25mg
				Ridaq	12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg
				Catexan	2.5mg
				Cipla-Indapamide	2.5mg
				Dapril *	2.5mg
				Mylan Indapamide *	2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
	R110	Potassium supplements	Potassium chloride	Plenish-K SR	600mg
				Ultipot	600mg
	R205	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
			Verapamil	Vasomil	40mg; 80mg
				Verahexal SR	240mg
				Verapamil 40 Oethmaan	40mg
	R100	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
				Amlodac	5mg; 10mg
				Amlodipine Unicorn	5mg; 10mg
				Amtas	5mg; 10mg
				Aprate	5mg; 10mg
				Austell-Amlodipine	5mg; 10mg
				Ciplavasc	5mg; 10mg
Besyloc				5mg; 10mg	
Gulf Amlodipine *				5mg; 10mg	
Lomanor				5mg; 10mg	
Nifedipine			Cipalat Retard	20mg	
			Cipalat XR	30mg; 60mg	
			Fedaloc SR	30mg; 60mg	
			Fidocare XL	30mg; 60mg	
Hypothyroidism	R35	Thyroid Hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 100mcg	
Multiple sclerosis	R95	Antidepressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell	10mg
				Amitriptyline HCl Kiara	25mg
				Gulf Amitriptyline	25mg
				Trepiline	10mg

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R225	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
				R20
	Panafcort 5mg			
Trolic 5mg				
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R570	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R700	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
				Rasapar 1mg
R580	Levodopa and decarboxylase inhibitors	Levodopa and decarboxylase inhibitors	Lecardop 25/100mg; 25/250mg	
			Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 25mg; 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
Flexocam 7.5mg				
Medoxicam 7.5mg				
Piroxicam			Pyrocaps 20mg	
Roxifen 20mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaproyfen 200mg
				Betaproyfen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinfram 250mg
				Naprosript 250mg
	R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R775	Selective immuno-suppressive agents: Leflunomide	Leflunomide	Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
Trolic 5mg				
Schizophrenia	R110	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Esetam 10mg; 20mg
				Espradep * 10mg
				Zyescito * 10mg; 20mg
				Fluoxetine
			Fluoxetine 20 Oethmaan 20mg	
			Prolax 20mg	
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	R290	Antiepileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
Tegretol CR 200mg; 400mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R290	Antiepileptics: Carboxamide derivatives	Carbamazepine	Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R335	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R500	Anti-psychotics: Olanzapine	Olanzapine	Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
				Zylena 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R560	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol Depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Abipip ODT 10mg; 15mg
Apripent 5mg; 10mg; 15mg				
Aprizon 5mg; 10mg; 15mg				
Aridus 10mg; 15mg				
Aripiprazole Mylan 5mg; 10mg; 15mg				
Aripiprazole Teva 5mg; 10mg; 15mg				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength		
Schizophrenia	R235	Other anti-psychotics: Aripiprazole	Aripiprazole	Arizofy 5mg; 10mg; 15mg		
				Priptrin 10mg; 15mg		
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg		
				Rispacor 0.5mg; 1mg; 2mg; 3mg		
				Rispide 0.5mg; 1mg; 2mg		
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		
Zoxadon ODT 0.5mg; 1mg; 2mg						
Systemic lupus erythematosus (SLE)	R60	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg		
				A-Lennon Diclofenac 25mg; 50mg		
				Diclofenac Biotech 25mg		
				Mylan Diclofenac 25mg; 50mg		
				Panamor AT 50mg		
			Indomethacin	Betacin 25mg		
				Gulf Indomethacin 25mg		
				Methocaps 25mg		
			R60	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
						Coxflam 7.5mg
	Flexocam 7.5mg					
	Medoxicam 7.5mg					
	Piroxicam	Pyrocaps 20mg				
		Roxifen 20mg				
	R45	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg		
				Betaprofen FC 400mg		
				Bren 400mg		
				Ibucine 200mg; 400mg		
				Ibunate 200mg		
			Naproxen	Ibusor 200mg		
Napinfram 250mg						
Naproscript 250mg						
R110	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg			
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg			
R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg			
			Myoprin 100mg			
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
			Folic acid 5mg			
R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg			
			Azathioprine PCH 50mg			

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
				Topivate cream 0.1%
				Vari-Betamethasone cream 0.1%
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Folic acid 5mg
	R980	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
				Sulfasalazine
	Salazopyrin EN 500mg			
	R775	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				

The Prescribed Minimum Benefit (PMB) Chronic Illness Benefit (CIB) Enhanced medicine list for Retail Essential and Essential Plus Options

Medicine marked with an asterisk (*) will soon be removed from the medicine list (formulary)

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Asthma	R260	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Belair 4mg; 5mg; 10mg
				Kulair 4mg; 5mg; 10mg
				Sintrine 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
	R65	Nasal Corticosteroids	Beclomethasone Fluticasone	Beclate aquanase 150 dose 50mcg
Flomist 120 dose *				
Fluticasone OTC Teva 120 dose 50mcg				
Cardiac failure	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R410	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Tiotor 10 (30 caps & inhaler)
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/500
Sereflo DPI 60 dose 50/100; 50/250				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Clovexa 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R225	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
Byetta disposable pen 60 dose 2.4ml 10mcg/dose				

Chronic Disease List condition	CDA for Essential and Essential Plus Options	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R160	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
	R415	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Forxiga 5mg; 10mg
Multiple sclerosis	R7 000	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
	R7 000	Selective immunosuppressive agents - Fingolimod	Fingolimod	Myelenea 0.5mg
Rheumatoid Arthritis	R60	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn * 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxleon 100mg; 200mg
Systemic Lupus Erythematosus	R60	Anti-inflammatory agents: Coxibs	Celecoxib	Celecoxib Unicorn * 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxleon 100mg; 200mg

Monthly limit amounts for diabetes consumables

The monthly limit amounts below apply to the consumables for continuous glucose monitors for the management of Diabetes mellitus Type 1. **Not available on Retail Essential Option**

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 170 (for members < 18 years)	Continuous glucose monitoring sensors (Only Retail Essential Plus Option)
	R780 (for members ≥ 18 years)	

Complaints process

You may lodge a complaint or query with Retail Medical Scheme directly on **0860 101 252** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Retail Medical Scheme internal disputes process. You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.co.za / www.medicalschemes.co.za