

Chronic Illness Benefit medicine list (Formulary)

Who we are

Retail Medical Scheme (referred to as "the Scheme"), registration number 1176, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd administers Retail Medical Scheme.

Contact us

You can call us on **0860 101 252** or visit www.retailmedicalscheme.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is determined by the Retail Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you are aware of the Rules and understand what they mean for the management of your conditions.

Any instructions or advice on medicines and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we provide cover up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Retail Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2024 only.

Chronic Disease List (CDL)

This is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover in terms of the Medical Schemes Act (No 131 of 1998), according to clinical guidelines.

Contact us

For further information please contact us on **0860 101 252** or visit us at www.retailmedicalscheme.co.za.

The Chronic Disease List (CDL) medicine list (formulary) applicable to the Retail Essential and Essential Plus Options

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R150	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R120	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R110	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zyus Fluoxetine 20mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R110	Anti-depressants: SSRI's	Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
				Tralidep 50mg; 100mg
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Oleanz 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Qesara 25mg; 100mg; 200mg; 300mg	
			Torquit 25mg; 100mg; 200mg; 300mg	
			Zimbiquet 25mg; 100mg; 200mg; 300mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R560	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol Depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebion 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
Rispacor 0.5mg; 1mg; 2mg; 3mg				
Rispide 0.5mg; 1mg; 2mg				
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg				
Zoxadon ODT 0.5mg; 1mg; 2mg				
Bronchiectasis	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Cardiac failure	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Lisinopril and diuretics Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R175	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
	Enalapril Arya 5mg; 10mg; 20mg			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Cardiac failure	R65	ACE inhibitors: Plain	Enalapril	Enalapril Unicorn 5mg; 10mg; 20mg		
				Hypace 5mg		
				Natrapress 10mg; 20mg		
				Tenezil 10mg; 20mg		
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
				Liso 5mg; 10mg; 20mg		
				Lizro 5mg; 10mg; 20mg		
				Sinopren 5mg; 10mg; 20mg		
			Perindopril	Pearinda 4mg; 8mg		
				Perdotor 4mg; 8mg		
				Perindopril Unicorn 4mg; 8mg		
				Prexum 10mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
				Vectoryl 4mg; 8mg		
	Zyace 4mg					
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg		
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
				Carvetrend 6.25mg; 12.5mg; 25mg		
				Rubitrend 12.5mg; 25mg		
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Hylokat 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Losartan comp Biotech 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
				Tremistan Plus 40/12.5mg; 80/12.5mg		
				R75	Angiotensin II antagonists: Plain	Irbesartan
Losartan						
	Austell Losartan 50mg; 100mg					
	Losartan Accord 50mg; 100mg					
	Losartan Macleods 50mg; 100mg					
	Normoten 50mg; 100mg					
Zaario 50mg; 100mg						
Telmisartan	Telpres 40mg; 80mg					
Valsartan	Niosar 80mg; 160mg					

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R60	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
			Spironolactone 25 Kiara 25mg	
R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Cardiomyopathy	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R175	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Cardiomyopathy	R65	ACE inhibitors: Plain	Enalapril	Enalapril Arya 5mg; 10mg; 20mg		
				Enalapril Unicorn 5mg; 10mg; 20mg		
				Hypace 5mg		
				Natrapress 10mg; 20mg		
				Tenezil 10mg; 20mg		
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
				Liso 5mg; 10mg; 20mg		
				Lizro 5mg; 10mg; 20mg		
				Sinopren 5mg; 10mg; 20mg		
			Perindopril	Pearinda 4mg; 8mg		
				Perdotor 4mg; 8mg		
				Perindopril Unicorn 4mg; 8mg		
				Prexum 10mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
	Vectoryl 4mg; 8mg					
	Zyace 4mg					
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg		
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
				Carvetrend 6.25mg; 12.5mg; 25mg		
				Rubitrend 12.5mg; 25mg		
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Hylokat 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Losartan comp Biotech 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg		
				Telpres Plus 40/12.5mg; 80/12.5mg		
				Tesar co 40/12.5mg; 80/12.5mg		
				Ticarda Plus 40/12.5mg; 80/12.5mg		
				Tremistan Plus 40/12.5mg; 80/12.5mg		
R75				Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
						Losartan
	Austell Losartan 50mg; 100mg					
	Losartan Accord 50mg; 100mg					
	Losartan Macleods 50mg; 100mg					
	Normoten 50mg; 100mg					
	Zaario 50mg; 100mg					
	Telmisartan	Telpres 40mg; 80mg				
Valsartan	Niosar 80mg; 160mg					

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R60	Beta blocking agents: Selective	Bisoprolol	Adco-Bisacor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
			Catexan 2.5mg	
			Cipla-Indapamide 2.5mg	
			Mylan Indapamide 2.5mg	
R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
			Spironolactone 25 Kiara 25mg	
R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R120	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Chronic renal disease	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg		
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg		
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg		
				Pearinda Plus 4/1.25mg; 8/2.5mg		
				Perdotor Plus 4/1.25mg		
				Perindopril co Unicorn 4/1.25mg		
				Prexum Plus 5/1.25mg; 10/2.5mg		
				Spec-Perindopril Plus 4/1.25mg		
				Trexeva Plus 5/1.25mg		
				Vectoryl Plus 4/1.25mg		
	R175	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg		
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg		
				Mylan Captopril 25mg; 50mg		
			Enalapril	Alapren 5mg; 10mg; 20mg		
				Enalapril Arya 5mg; 10mg; 20mg		
				Enalapril Unicorn 5mg; 10mg; 20mg		
				Hypace 5mg		
				Natrapress 10mg; 20mg		
				Tenezil 10mg; 20mg		
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
				Liso 5mg; 10mg; 20mg		
				Lizro 5mg; 10mg; 20mg		
				Sinopren 5mg; 10mg; 20mg		
			Perindopril	Pearinda 4mg; 8mg		
				Perdotor 4mg; 8mg		
				Perindopril Unicorn 4mg; 8mg		
				Prexum 10mg		
				Ran-Perindopril 4mg		
				Reprex 4mg; 8mg		
				Vectoryl 4mg; 8mg		
				Zyace 4mg		
			R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
						Co-Normoten 50/12.5mg; 100/25mg
Hylokat 50/12.5mg; 100/25mg						
Losaar Plus 50/12.5mg; 100/25mg						
Losartan comp Biotech 50/12.5mg; 100/25mg						
Sartoc-co 50/12.5mg; 100/25mg						
Zartan co 50/12.5mg; 100/25mg						
Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg					
	Telpres Plus 40/12.5mg; 80/12.5mg					
	Tesar co 40/12.5mg; 80/12.5mg					

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R90	Angiotensin II antagonists: Combinations	Telmisartan and diuretics	Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
	R75	Angiotensin II antagonists: Plain	Irbesartan Losartan	Trobet 150mg; 300mg
				Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Telmisartan 40mg; 80mg
				Valsartan 80mg; 160mg
	R60	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Fortihem ampoule 5ml 20mg/1ml
				Innofer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbeпоetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
Erythropoietin			Eprex pre-fill 2000U/0.5ml	
			Eprex pre-fill 4000U/0.4ml	
Methoxy polyethylene glycol-epoetin beta			Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 120mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 150mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 200mcg/0.3ml	
	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg
	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg
Coronary artery disease	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
				R60
	B-Block 50mg; 100mg			
	Tenopress 50mg; 100mg			
	Bisoprolol	Adco-Bisocor 5mg; 10mg		
		Biloblok 5mg; 10mg		
		Bilocor 5mg; 10mg		
		Bisbeta 5mg; 10mg		
		Bislo 5mg; 10mg		
		Emcor 5mg; 10mg		
	Presicard 5mg; 10mg			
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Kiara 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
Besyloc 5mg; 10mg				
Ciplavasc 5mg; 10mg				
Vasloc 5mg; 10mg				
Nifedipine			Adalat XL 30mg; 60mg	
			Cipalat Retard 20mg	
			Cipalat XR 30mg; 60mg	
			Fedaloc SR 30mg; 60mg	
			Fidocare XL 30mg; 60mg	
	Gitsalat 30mg			
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Crohn's disease	R10	Folic acid and derivatives	Folic Acid	Be-Tabs Folic acid 5mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Crohn's disease	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
			Sulfasalazine	Salazopyrin 500mg	
					Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
Panafcort 5mg					
Trolic 5mg					
Diabetes insipidus	R1 500	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg	
				Ddavn nasal spray 5ml 0.1mg/1ml	
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Essential and Essential Plus Options is R700.				
	R445	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
				Novorapid - penfill 3ml	
			Insulin Glulisine	Apidra - cartridge 3ml	
			Insulin Lispro	Humalog - cartridge 3ml	
	R700	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml	
				Humalog mix 25 - cartridge 3ml	
			Humalog mix 50 - cartridge 3ml		
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Optisulin - cartridge 3ml	
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
				Coprin 100mg	
				Myoprin 100mg	
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	
				Accu check test strip glucose instant	
				Glucocheck evolve test strip	
				Glucocheck key test strip	
				iHealth Glucose + Testing Strips	
				Onetouch select plus test strips	
				Test strip blood glucose clicks bionime gs550	
Test strip blood glucose on call plus					
Test strip blood glucose on call sure					
Test strip freestyle optium glucose					

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 1	R200	Blood glucose monitoring agents	Glucose strips	Test strip glucocheck connect	
				Test strip glucose blood fora 6	
				Test strip glucose caresens n 29g	
				Test strip glucose contour plus	
				Test strip glucose contour ts	
				Test strip glucose fora diamond blood	
				Test strip glucose vivachek ino	
	Diabetes mellitus Type 1	R350	Surgical item	Lancets	Lancet blood collection needle loris
					Lancet fora collection needle sterile 30g
					Lancet fora tender needle sterile 33g
					Lancet freestyle test
					Lancet glucocheck novichack
					Lancet solus v2
					Lancet unilet sterile 28g
					Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
					Microlet lancet
				Needles	BD micro fine plus pen needle 30g 8mm
					BD micro fine plus pen needle 31g
					BD micro fine plus pen needle 32g 4mm
					Droplet pen needle 8mm 31g
					Needle insulin fora pen 31g 5mm
					Needle insulin fora pen 31g 8mm
					Needle insulin fora pen 32g 4mm
					Needle insulin fora pen 32g 6mm
					Needle insulin pen verifine 4mmx10cmx15cm 32g
					Needle insulin pen verifine 4mmx10cmx15cm 33g
		Needle novofine			
Syringes		Syringe insulin 1.0ml with 27g needle			
		Syringe insulin bd microfine 12.7mm 1ml 9g			
		Syringe insulin bd microfine 1ml 8mm 30g			
		Syringe insulin bd microfine 8mm demi 0.3ml 30g			
Diabetes mellitus Type 2		R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
					Apex-Metformin 500mg
					Austell-Metformin 500mg; 850mg
	Bigsens 500mg; 850mg; 1000mg				
	Carbuce 500mg; 850mg; 1000mg				
	Diaphage 500mg; 850mg; 1000mg				
	Gluconorm 500mg; 850mg				
	Mengen 500mg; 850mg; 1000mg				
	Mylan Metformin 500mg; 850mg; 1000mg				
Romidab 500mg; 850mg; 1000mg					

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Diabetes mellitus Type 2	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Essential and Essential Plus Options is R700.				
	R445	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml	
			Insulin Glulisine	Apidra - cartridge 3ml	
			Insulin Lispro	Humalog - cartridge 3ml	
	R700	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Human	Diabulyn 30/70 - cartridge 3ml	
			Insulin Lispro	Humalog mix 25 - cartridge 3ml	
				Humalog mix 50 - cartridge 3ml	
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml	
			Insulin Glargine	Optisulin - cartridge 3ml	
	R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diagen MR	60mg
				Diagluclide MR	60mg
				Diaran MR	30mg; 60mg
				Dynacaz MR	30mg; 60mg; 90mg
				Gliclazide MR Austell	30mg; 60mg
				Gliclazide Unicorn MR	30mg
				Gluctam MR	60mg
				Glyzid MR	30mg; 60mg
	R200	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone	15mg; 30mg
				Pioglitazone hydrochloride Macleods	15mg; 30mg
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva	80mg
				Coprin	100mg
				Myoprin	100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	
				Accu check test strip glucose instant	
				Glucocheck evolve test strip	
				Glucocheck key test strip	
				iHealth Glucose + Testing Strips	
				Onetouch select plus test strips	
				Test strip blood glucose clicks bionime gs550	
				Test strip blood glucose on call plus	
				Test strip blood glucose on call sure	
				Test strip freestyle optimum glucose	
Test strip glucocheck connect					
Test strip glucose blood fora 6					
Test strip glucose caresens n 29g					
Test strip glucose contour plus					
Test strip glucose contour ts					
Test strip glucose fora diamond blood					
Test strip glucose vivachek ino					
R350	Surgical item	Lancets	Lancet blood collection needle loris		

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R350	Surgical item	Lancets	Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
		Needle insulin fora pen 32g 4mm		
		Needle insulin fora pen 32g 6mm		
		Syringes	Syringe insulin 1.0ml with 27g needle	
			Syringe insulin bd microfine 12.7mm 1ml 9g	
			Syringe insulin bd microfine 1ml 8mm 30g	
			Syringe insulin bd microfine 8mm demi 0.3ml 30g	
		Dysrhythmia	R640	Anti-arrhythmics: class Ic
Tambocor CR 100mg; 200mg				
R370	Anti-arrhythmics: class III - Amiodarone		Amiodarone	Hexarone 100mg; 200mg
R85	Anti-thrombotic agents: Vitamin K antagonists		Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
R30	Aspirin: Cardiovascular		Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
R140	Beta blocking agents: Non-selective		Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
R60	Beta blocking agents: Selective		Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
		Bilocor 5mg; 10mg		
Bisbeta 5mg; 10mg				
Bislo 5mg; 10mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R60	Beta blocking agents: Selective	Bisoprolol	Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepines and derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R115	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikepp 250mg; 500mg; 750mg
				Leveseize XR 500mg; 750mg; 1000mg; 1500mg
				Levetiracetam Unicorn 250mg; 750mg
			Topiramate	Redilev 250mg; 500mg; 750mg
				Epimate 25mg; 50mg; 100mg
				Epitoz 25mg; 50mg; 100mg
R10	Folic acid and derivatives	Folic acid	Toplep 25mg; 50mg; 100mg; 200mg	
			Be-Tabs Folic acid 5mg	
Glaucoma	R200	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Glaucoma	R200	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
	R210	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R250	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
				Brimoct co 5ml 2mg/5mg
				Co-Atana 2.5ml
				Duotrav 2.5ml
Ganfort 3ml				
Glaumide-co 5ml				
Ocudor co 5ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
				Adco-Prolief 500mg
	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin 500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
			Coagulation factor IX	Octanate vial 10ml 500U; 1000U
				Haemosolvex IX 500U
	R1 500	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
	Hyperlipidaemia	R195	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril
R335		Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
R275		Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
R45		Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg
				Cholmin 10mg; 20mg; 40mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
				Dynator 10mg; 20mg; 40mg; 80mg
				Lestavor 10mg; 20mg; 40mg
				Lipogen 10mg; 20mg; 40mg; 80mg
	Vasmak 10mg; 20mg; 40mg; 80mg			
Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hyperlipidaemia	R45	Lipid modifying agents: Statins	Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
				Simcard 10mg; 20mg
				Simvacor 10mg; 20mg; 40mg
Hypertension	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
				Lisinopril and diuretics Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R175	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
			Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R65	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
Perdotor 4mg; 8mg				
Perindopril Unicorn 4mg; 8mg				
Prexum 10mg				
Ran-Perindopril 4mg				
Reprex 4mg; 8mg				
Vectoryl 4mg; 8mg				
Zyace 4mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength			
Hypertension	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg			
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			
				Carvetrend 6.25mg; 12.5mg; 25mg			
				Rubitrend 12.5mg; 25mg			
	R160	Angiotensin II Antagonists and calcium channel blockers	Telmisartan and Amlodipine	Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg			
				Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg		
					Calsar 5/80mg; 5/160mg; 10/160mg		
					Dafiro 5/160mg; 10/160mg		
					Gemvalaz 5/160mg; 10/160mg		
					Tensoforj 5/160mg; 10/160mg		
					Valvasc 5/160mg; 10/160mg		
					Zyvasc 5/160mg; 10/160mg		
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg			
				Co-Normoten 50/12.5mg; 100/25mg			
				Hylokat 50/12.5mg; 100/25mg			
				Losaar Plus 50/12.5mg; 100/25mg			
				Losartan comp Biotech 50/12.5mg; 100/25mg			
				Sartoc-co 50/12.5mg; 100/25mg			
				Zartan co 50/12.5mg; 100/25mg			
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg			
				Telpres Plus 40/12.5mg; 80/12.5mg			
				Tesar co 40/12.5mg; 80/12.5mg			
				Ticarda Plus 40/12.5mg; 80/12.5mg			
				Tremistan Plus 40/12.5mg; 80/12.5mg			
				R75	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
							Losartan
	Austell Losartan 50mg; 100mg						
	Losartan Accord 50mg; 100mg						
	Losartan Macleods 50mg; 100mg						
	Telmisartan	Normoten 50mg; 100mg					
Zaario 50mg; 100mg							
Telpres 40mg; 80mg							
Valsartan 80mg; 160mg							
R200	Antiadrenergic agents: Alpha-adrenoreceptor antagonist	Doxazosin	Cardugen 1mg; 4mg				
			Urodoxa 4mg				
R200	Antiadrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg				
			Timucen 250mg				
R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilacor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R110	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R20	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
				Spironolactone 25 Kiara 25mg
	R110	Potassium supplements	Potassium chloride	Ultipot 600mg
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Kiara 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
Aprate 5mg; 10mg				
Austell-Amlodipine 5mg; 10mg				
Besyloc 5mg; 10mg				
Ciplavasc 5mg; 10mg				
Vasloc 5mg; 10mg				
Nifedipine			Adalat XL 30mg; 60mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R85	Selective calcium channel blockers with mainly vascular effects	Nifedipine	Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
				Fedaloc SR 30mg; 60mg
				Fidocare XL 30mg; 60mg
				Gitsalat 30mg
Hypothyroidism	R35	Thyroid Hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg
Multiple sclerosis	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg
	R225	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Parkinson's disease	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Kinect 1mg
				Rasapar 1mg
				Razeda 1mg
R580	Levodopa and decarboxylase inhibitors	Levodopa and decarboxylase inhibitors	Lecardop 25/100mg; 25/250mg	
			Teva Carbi-Levo 25/100mg; 25/250mg	
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Gulf Indomethacin 25mg
				Methocaps 25mg
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinflam 250mg
				Naproscript 250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
			Azathioprine PCH 50mg	
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R775	Selective immuno-suppressive agents: Leflunomide	Leflunomide	Lunar 20mg	
			Ravalef 10mg; 20mg	
			Rheumalef 10mg; 20mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R110	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	
			Emerdyne 10mg; 20mg	
			Esetam 10mg; 20mg	
Zyescito 10mg; 20mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R110	Anti-depressants: SSRI's	Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
				Tralidep 50mg; 100mg
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
	Serinem 25mg; 50mg; 100mg; 200mg			
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
R615	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg	
R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg	
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Olandus 5mg; 10mg	
			Oleanz 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Quesara 25mg; 100mg; 200mg; 300mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R295	Anti-psychotics: Quetiapine	Quetiapine	Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R560	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol Depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
Zoxadon ODT 0.5mg; 1mg; 2mg				
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
				R65
	Coxflam 7.5mg			
	Flexocam 7.5mg			
	Medoxicam 7.5mg			
	Piroxicam	Pyrocaps 20mg		
		Roxifen 20mg		
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
Betaprofen FC 400mg				
Bren 400mg				
Ibucine 200mg; 400mg				
Ibunate 200mg				
Ibusor 200mg				
Naproxen			Napinflam 250mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R50	Anti-inflammatory agents: Propionic acid derivatives	Naproxen	Naproscript 250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Pentasa 500mg
			Sulfasalazine	Pentasa suppository 1000mg
				Salazopyrin 500mg
				Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				

The Chronic Disease List (CDL) Enhanced medicine list applicable to the Retail Essential and Essential Plus Options

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 4mg; 5mg; 10mg
				Kulair 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
		Fluticasone	Fluticasone OTC Teva 120 dose 50mcg	
Cardiac failure	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Duforzig 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Neumotropio 30 inh capsules with zephir inhaler
				Tiores 30 inh capsules with zephir inhaler
				Tiotor 30 inh capsules with zephir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
Sereflo DPI 60 dose 50/100; 50/250; 50/500				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	AvioliX 75mg
				Clovexa 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R340	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg
	R190	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
				Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R140	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
				Zomvil 50mg
	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Duforzig 10mg
Sagalatin 10mg				
Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
				Copaxone pre-filled pen 1ml 40mg/1ml
	R6 160	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Glomatin 0.5mg
				Myelenea 0.5mg
	R5 795	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Auberif 14mg
Teriflunomide 14 Teva 14mg				
Rheumatoid Arthritis	R65	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib Unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic Lupus Erythematosus	R65	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib Unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg

Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

Queries or complaints

You may lodge a query or complaint with Retail Medical Scheme directly on **0860 101 252** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Retail Medical Scheme internal disputes process. You can read more about the disputes process on www.retailmedicalscheme.co.za.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.co.za / www.medicalschemes.co.za