

Chronic Illness Benefit medicine list (Formulary) 2025

Who we are

Retail Medical Scheme (referred to as "the Scheme"), registration number 1176, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the Administrator"), is a separate company who is registered as an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd administers Retail Medical Scheme.

Contact us

You can call us on **0860 101 252** or visit www.retailmedicalscheme.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is determined by the Retail Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. You must make sure that you are aware of the Rules and understand what they mean for the management of your conditions.

Any instructions or advice on medicines and the management of your condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of your doctor, pharmacist or other healthcare professional.

You get full cover for approved chronic medicine on the medicine list. For medicine not on the medicine list, we provide cover up to a set monthly rand amount called the Chronic Drug Amount (CDA).

Retail Medical Scheme and Discovery Health (Pty) Ltd reserve the right to change the benefit at any time.

Explanation of terms

Active ingredient

This is the main substance in a medicine that is responsible for the clinical action on a human body.

Benefit year

A benefit year refers to the benefits you are entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) and Chronic Drug Amounts are applicable for 2025 only.

Chronic Disease List (CDL)

This is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

Chronic Drug Amount (CDA)

The CDA is a monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.

Medicine class

This describes medicines that have similar chemical structures or similar therapeutic effects.

Prescribed Minimum Benefit (PMB) conditions

These are conditions which all medical schemes are required to cover in terms of the Medical Schemes Act (No 131 of 1998), according to clinical guidelines.

Contact us

For further information please contact us on **0860 101 252** or visit us at www.retailmedicalscheme.co.za.

The Chronic Disease List (CDL) medicine list (formulary) applicable to the Essential and Essential Plus Options

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Addison's disease	R250	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R170	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
Asthma	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R120	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 50mcg; 100mcg; 200mcg
			Budesonide	Aeromide 300 dose 200mcg
				Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
				Sereflo HFA 120 dose 25/50; 25/125; 25/250
				Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250
				Spirodisc 60 dose 50/100; 50/250; 50/500
	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Bipolar mood disorder	R110	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Tamomilt 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	
			Emerdyne 10mg; 20mg	
			Esetam 10mg; 20mg	
			Zyescito 10mg; 20mg	
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R110	Anti-depressants: SSRI's	Fluoxetine	Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Tralidep 50mg; 100mg
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
Olandus 5mg; 10mg				
Olexar 5mg; 10mg				
Zolanz 5mg; 10mg				
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg	
			Quesara 25mg; 100mg; 200mg; 300mg	
			Quesara XR 150mg; 200mg; 300mg; 400mg	
			Quetz 25mg; 100mg; 200mg; 300mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Bipolar mood disorder	R295	Anti-psychotics: Quetiapine	Quetiapine	Torquit 25mg; 100mg; 200mg; 300mg	
				Zimbiquet 25mg; 100mg; 200mg; 300mg	
	R560	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg	
				Fluanxol Depot 1ml 20mg	
				Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg	
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
				Alebon 5mg; 10mg; 15mg	
				Aprizon 5mg; 10mg; 15mg	
				Arizofy 5mg; 10mg; 15mg	
				Priptrin 10mg; 15mg	
				Radzil 5mg; 10mg; 15mg	
				Thryve 5mg; 10mg	
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
				Rispacor 0.5mg; 1mg; 2mg; 3mg	
				Rispide 0.5mg; 1mg; 2mg	
Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg					
Zoxadon ODT 0.5mg; 1mg; 2mg					
Bronchiectasis	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg	
				Ventimax CFC free 200 dose 100mcg	
	R275	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
				Panafcort 5mg	
				Trolic 5mg	
Cardiac failure	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
					Perdotor Plus 4/1.25mg
					Perindopril co Unicorn 4/1.25mg
					Prexum Plus 5/1.25mg; 10/2.5mg
					Trexeva Plus 5/1.25mg
					Vectoryl Plus 4/1.25mg
	R170	ACE inhibitors, other combinations	Perindopril and Bisoprolol		Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R65	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg	
				Enalapril	Enalapril Arya 5mg; 10mg; 20mg
					Hypace 5mg
					Natrapress 10mg; 20mg
					Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg	
	Lizro 5mg; 10mg; 20mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength			
Cardiac failure	R65	ACE inhibitors: Plain	Perindopril	Pearinda 4mg; 8mg			
				Perdotor 4mg; 8mg			
				Perindopril Unicorn 4mg; 8mg			
				Ran-Perindopril 4mg			
				Reprex 4mg; 8mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg			
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			
				Rubitrend 6.25mg; 12.5mg; 25mg			
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg			
				Austell Losartan co 50/12.5mg			
				Co-Normoten 50/12.5mg; 100/25mg			
				Hylokat 50/12.5mg; 100/25mg			
				Losaar Plus 50/12.5mg; 100/25mg			
				Sartoc-co 50/12.5mg; 100/25mg			
				Zartan co 50/12.5mg; 100/25mg			
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg			
				Telpres Plus 40/12.5mg; 80/12.5mg			
				Tesar co 40/12.5mg; 80/12.5mg			
				Ticarda Plus 40/12.5mg; 80/12.5mg			
				Tremistan Plus 40/12.5mg; 80/12.5mg			
				R75	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
							Trobet 150mg; 300mg
							Losartan
	Austell Losartan 50mg; 100mg						
	Losartan Accord 50mg; 100mg						
	Losartan Macleods 50mg; 100mg						
	Normoten 50mg; 100mg						
Zaario 50mg; 100mg							
Zartan 50mg; 100mg							
Telmisartan	Telpres 40mg; 80mg						
	Tesminol 40mg; 80mg						
	Ticarda 40mg; 80mg						
Valsartan	Adco-Valsartan 80mg; 160mg						
	Niosar 80mg; 160mg						
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg				
			Hyperphen 10mg; 50mg				
R60	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg				
			Biloblok 5mg; 10mg				
			Bilocor 5mg; 10mg				
			Bislo 5mg; 10mg				
			Bisoprolol Unicorn 5mg; 10mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R60	Beta blocking agents: Selective	Bisoprolol	Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Spiractin 25mg
				Spironolactone 25 Kiara 25mg
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
		Monicor SR 60mg		
Cardiomyopathy	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R170	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R65	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
Ran-Perindopril 4mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Cardiomyopathy	R65	ACE inhibitors: Plain	Perindopril	Reprex 4mg; 8mg		
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg		
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg		
				Rubitrend 6.25mg; 12.5mg; 25mg		
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg		
				Austell Losartan co 50/12.5mg		
				Co-Normoten 50/12.5mg; 100/25mg		
				Hylokate 50/12.5mg; 100/25mg		
				Losaar Plus 50/12.5mg; 100/25mg		
				Sartoc-co 50/12.5mg; 100/25mg		
				Zartan co 50/12.5mg; 100/25mg		
				Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg	
			Telpres Plus 40/12.5mg; 80/12.5mg			
			Tesar co 40/12.5mg; 80/12.5mg			
			Ticarda Plus 40/12.5mg; 80/12.5mg			
			Tremistan Plus 40/12.5mg; 80/12.5mg			
			R75		Angiotensin II antagonists: Plain	Irbesartan
				Trobet 150mg; 300mg		
	Losartan	Annin 50mg; 100mg				
		Austell Losartan 50mg; 100mg				
		Losartan Accord 50mg; 100mg				
		Losartan Macleods 50mg; 100mg				
		Normoten 50mg; 100mg				
		Zaario 50mg; 100mg				
		Zartan 50mg; 100mg				
	Telmisartan	Telpres 40mg; 80mg				
		Tesminol 40mg; 80mg				
		Ticarda 40mg; 80mg				
	Valsartan	Adco-Valsartan 80mg; 160mg				
		Niosar 80mg; 160mg				
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg			
			Segavin 5mg			
			Warfarin 5mg Austell 5mg			
			Warfarin 5 Unicorn 5mg			
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg			
			Hyperphen 10mg; 50mg			
R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg			
			Myoprin 100mg			
R60	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg			
			Biloblok 5mg; 10mg			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R60	Beta blocking agents: Selective	Bisoprolol	Bilacor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R20	High-ceiling diuretics	Furosemide	Defulide 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg
				Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Cipla-Indapamide 2.5mg
				Dapril 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg
				Spiractin 25mg
Spironolactone 25 Kiara 25mg				
R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
			Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	R45	Adrenergics: Short acting - Salbutamol	Salbutamol	
			Glenbute 200 dose 100mcg	
	R120	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
			R275	Inhaled anticholinergics: Ipratropium bromide
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Chronic renal disease	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Trexeva Plus 5/1.25mg
	Vectoryl Plus 4/1.25mg			
R170	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength			
Chronic renal disease	R65	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg			
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg			
				Hypace 5mg			
				Natrapress 10mg; 20mg			
				Tenezil 10mg; 20mg			
				Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg		
			Lizro 5mg; 10mg; 20mg				
			Perindopril	Pearinda 4mg; 8mg			
				Perdotor 4mg; 8mg			
				Perindopril Unicorn 4mg; 8mg			
				Ran-Perindopril 4mg			
				Reprex 4mg; 8mg			
			R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg	
						Austell Losartan co 50/12.5mg	
						Co-Normoten 50/12.5mg; 100/25mg	
	Hylokat 50/12.5mg; 100/25mg						
	Losaar Plus 50/12.5mg; 100/25mg						
	Sartoc-co 50/12.5mg; 100/25mg						
	Zartan co 50/12.5mg; 100/25mg						
	Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg					
		Telpres Plus 40/12.5mg; 80/12.5mg					
		Tesar co 40/12.5mg; 80/12.5mg					
		Ticarda Plus 40/12.5mg; 80/12.5mg					
		Tremistan Plus 40/12.5mg; 80/12.5mg					
		R75			Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
							Trobet 150mg; 300mg
						Losartan	Annin 50mg; 100mg
			Austell Losartan 50mg; 100mg				
	Losartan Accord 50mg; 100mg						
	Losartan Macleods 50mg; 100mg						
	Normoten 50mg; 100mg						
	Zaario 50mg; 100mg						
	Zartan 50mg; 100mg						
Telmisartan	Telpres 40mg; 80mg						
	Tesminol 40mg; 80mg						
	Ticarda 40mg; 80mg						
Valsartan	Adco-Valsartan 80mg; 160mg						
	Niosar 80mg; 160mg						
R60	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg				
			Biloblok 5mg; 10mg				
			Bilocor 5mg; 10mg				
			Bislo 5mg; 10mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R60	Beta blocking agents: Selective	Bisoprolol	Bisoprolol Unicorn 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous Sulfate	Ferrous Sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
				Fortihem ampoule 5ml 20mg/1ml
				Innofer ampoule 5ml 100mg/5ml
				Rautevene ampoule 5ml 100mg/5ml
	R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
				Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
				Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
				Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
			Erythropoietin	Eporex pre-fill 2000U/0.5ml
				Eporex pre-fill 4000U/0.4ml
			Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 75mcg/0.3ml
				Mircera pre-filled syringe 0.3ml 100mcg/0.3ml
Mircera pre-filled syringe 0.3ml 120mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 150mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 200mcg/0.3ml				
Mircera pre-filled syringe 0.3ml 250mcg/0.3ml				
Roxadustat			Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg	
R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg	
Coronary artery disease	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilacor 5mg; 10mg
Bislo 5mg; 10mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Coronary artery disease	R60	Beta blocking agents: Selective	Bisoprolol	Bisoprolol Unicorn 5mg; 10mg	
				Emcor 5mg; 10mg	
				Presicard 5mg; 10mg	
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
				Verapamil	Verahexal 240 SR 240mg
					Verapamil 40 Oethmaan 40mg
	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Pendine 5mg; 10mg	
				Vasloc 5mg; 10mg	
			Nifedipine	Adalat XL 30mg	
				Cipalat Retard 20mg	
				Cipalat XR 30mg; 60mg	
				Fedaloc SR 30mg; 60mg	
Fidocare XL 30mg; 60mg					
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg		
			Isosorbide mononitrate	Ismo 20mg	
				Monicor SR 60mg	
Crohn's disease	R10	Folic acid and derivatives	Folic Acid	Be-Tabs Folic acid 5mg	
				Gulf Folic acid 5mg	
	R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Mesalazine	Asacol 400mg; 800mg	
				Asacol suppository 500mg	
				Mezavant 1200mg	
				Pentasa 500mg	
				Pentasa suppository 1000mg	
				Salofalk 1500mg	
				Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg				
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg	
				Azathioprine PCH 50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
Methotrexate 2.5mg					
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg		
			Panafcort 5mg		

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Crohn's disease	R20	Systemic Corticosteroids: Prednisone	Prednisone	Trolic 5mg
Diabetes insipidus	R1 500	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp nasal spray 5ml 0.1mg/1ml
				Minirin melt 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit for Essential and Essential Plus Options is R700.			
	R395	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
				Novorapid - penfill 3ml
	R700	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml
				Humalog mix 50 - cartridge 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
				Insulin Glargine
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
				Accu check test strip glucose instant
				Contour plus blood glucose test strips
				Contour ts blood glucose test strips
				Glucocheck evolve test strip
				Glucocheck key test strip
				On call plus blood glucose strips
				On call sure blood glucose test strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
	Test strip glucose fora diamond blood			
Test strip glucose vivachek ino				
R350	Surgical item	Lancets	Lancet blood collection needle loris	
			Lancet fora collection needle sterile 30g	
			Lancet fora tender needle sterile 33g	
			Lancet freestyle test	
			Lancet glucocheck novicheck	
			Lancet solus v2	
			Lancet unilet sterile 28g	
			Lancet unilet sterile 4cm x 6cm x 7.5cm 28g	
Microlet lancet				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength			
Diabetes mellitus Type 1	R350	Surgical item	Needles	BD micro fine plus pen needle 30g 8mm			
				BD micro fine plus pen needle 31g			
				BD micro fine plus pen needle 32g 4mm			
				Droplet pen needle 8mm 31g			
				Needle insulin fora pen 31g 5mm			
				Needle insulin fora pen 31g 8mm			
				Needle insulin fora pen 32g 4mm			
				Needle insulin fora pen 32g 6mm			
				Needle insulin pen verifine 4mmx10cmx15cm 32g			
				Needle insulin pen verifine 4mmx10cmx15cm 33g			
				Needle novofine			
			Syringes	Syringe insulin 1.0ml with 27g needle			
				Syringe insulin bd microfine 12.7mm 1ml 9g			
				Syringe insulin bd microfine 1ml 8mm 30g			
Syringe insulin bd microfine 8mm demi 0.3ml 30g							
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg			
				Apex-Metformin 500mg			
				Bigsens 500mg; 850mg; 1000mg			
				Carbuce 500mg; 850mg; 1000mg			
				Diaphage 500mg; 850mg; 1000mg			
				Gluconorm 500mg; 850mg			
				Mylan Metformin 500mg; 850mg; 1000mg			
				Romidab 500mg; 850mg; 1000mg			
				Please note that an overall monthly limit applies to Insulins across the different Insulin classes The overall monthly limit for Essential and Essential Plus Options is R700.			
				R395	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Novorapid - penfill 3ml
						Insulin Glulisine	Apidra - cartridge 3ml
				R700	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml
							Humalog mix 50 - cartridge 3ml
				R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
						Insulin Glargine	Optisulin - cartridge 3ml
R125	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diaran MR 60mg				
			Dynacaz MR 30mg; 60mg; 90mg				
			Gliclazide MR Austell 60mg				
			Gliclazide Unicorn MR 30mg				
			Gluctam MR 60mg				
			Glyzid MR 30mg; 60mg				
R200	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg				
			Pioglitazone hydrochloride Macleods 15mg; 30mg				
R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Myoprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
				Accu check test strip glucose instant
				Contour plus blood glucose test strips
				Contour ts blood glucose test strips
				Glucocheck evolve test strip
				Glucocheck key test strip
				On call plus blood glucose strips
				On call sure blood glucose test strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip freestyle optium glucose
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
	Test strip glucose fora diamond blood			
	Test strip glucose vivachek ino			
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
				BD micro fine plus pen needle 31g
				BD micro fine plus pen needle 32g 4mm
				Droplet pen needle 8mm 31g
				Needle insulin fora pen 31g 5mm
				Needle insulin fora pen 31g 8mm
				Needle insulin fora pen 32g 4mm
				Needle insulin fora pen 32g 6mm
Needle insulin pen verifine 4mmx10cmx15cm 32g				
Needle insulin pen verifine 4mmx10cmx15cm 33g				
Needle novofine				
Syringes			Syringe insulin 1.0ml with 27g needle	
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R640	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg
	R380	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
				Warfarin 5mg Austell 5mg
				Warfarin 5 Unicorn 5mg
	R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R60	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilacor 5mg; 10mg
				Bislo 5mg; 10mg
Bisoprolol Unicorn 5mg; 10mg				
Emcor 5mg; 10mg				
R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg	
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepines derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Partid 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
Navalpro liquid 200mg/5ml				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R130	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikepp 250mg; 500mg; 750mg
				Levetiracetam Unicorn 250mg; 750mg
				Redilev 250mg; 500mg; 750mg
			Topiramate	Epimate 25mg; 50mg; 100mg
	Epitoz 25mg; 50mg; 100mg			
	Toplep 50mg; 100mg; 200mg			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
			Gulf Folic acid 5mg	
Glaucoma	R225	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
	R225	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Dorzolamide	Glaucompress 5ml 2%
	R260	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	R240	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
				Alphagan purite 5ml 1.5mg/1ml
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
				Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R250	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
				Azarga 5ml
				Brimoct co 5ml 2mg/5mg
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
Duotrav 2.5ml				
Ganfort 3ml				
Glaumide-co 5ml				
Glauptico 3ml				
Ocudor co 5ml				
Optitrin				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Glaucoma	R250	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Timpromat 3ml	
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg	
				Adco-Prolief 500mg	
	R440	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg	
				Fibtin 500mg	
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U	
				Octanate vial 5ml 250U	
			Coagulation factor IX	Haemosolvex IX 500U	
				Octanine F vial 30ml 500U; 1000U	
	R1 500	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn nasal spray 5ml 0.1mg/1ml	
				Minirin melt 60mcg; 120mcg; 240mcg	
Hyperlipidaemia	R190	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg	
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg	
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg	
				Sandoz Bezafibrate 400mg	
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg	
				Dezzolip 10mg; 20mg; 40mg	
				Vasmak 10mg; 20mg; 40mg; 80mg	
				Simvastatin	
			Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg	
				Choleste 10mg; 20mg; 40mg	
				Cipla-Simvastatin 10mg; 20mg; 40mg	
				Lipidex 10mg; 20mg	
	Roltesim 10mg; 20mg; 40mg				
Simcard 10mg; 20mg					
Hypertension	R125	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg	
				Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg	
				Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg	
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg	
				Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg	
	R80	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg	
				Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
					Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg	
				Perindopril co Unicorn 4/1.25mg	
				Prexum Plus 5/1.25mg; 10/2.5mg	
				Trexeva Plus 5/1.25mg	
	Vectoryl Plus 4/1.25mg				

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R170	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
			Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R65	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril	Enalapril Arya 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Ran-Perindopril 4mg
			R220	Alpha and Beta blocking agents
	Carvedilol Unicorn 6.25mg; 12.5mg; 25mg			
	Rubitrend 6.25mg; 12.5mg; 25mg			
	R155	Angiotensin II Antagonists and calcium channel blockers	Telmisartan and Amlodipine	Tesamolot 40/5mg; 40/10mg; 80/5mg; 80/10mg
				Tesdyn 40/5mg; 40/10mg; 80/5mg; 80/10mg
			Valsartan and Amlodipine	Arlozyb 5/160mg; 10/160mg
				Calsar 5/80mg; 5/160mg; 10/160mg
				Dafiro 5/160mg; 10/160mg
				Forgevasc 5/160mg; 10/160mg
				Gemvalaz 5/160mg; 10/160mg
				Tensoforj 5/160mg; 10/160mg
				Valduo 5/160mg; 10/160mg
				Valvasc 5/160mg; 10/160mg
	Zyvasc 5/160mg; 10/160mg			
	R90	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co 50/12.5mg; 100/25mg
				Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
Sartoc-co 50/12.5mg; 100/25mg				
Zartan co 50/12.5mg; 100/25mg				
Telmisartan and diuretics			Co-Telza 40/12.5mg; 80/12.5mg	
			Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg	
			Ticarda Plus 40/12.5mg; 80/12.5mg	
			Tremistan Plus 40/12.5mg; 80/12.5mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R170	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Arlozyb co 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg
	R75	Angiotensin II antagonists: Plain	Irbesartan	Jubitan 150mg; 300mg
				Trobet 150mg; 300mg
			Losartan	Annin 50mg; 100mg
				Austell Losartan 50mg; 100mg
				Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
				Tesminol 40mg; 80mg
				Ticarda 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
	Niosar 80mg; 160mg			
	R200	Anti-adrenergic agents: Alpha-adrenoreceptor antagonist	Doxazosin	Cardugen 1mg; 4mg
				Urodoxa 4mg
	R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg
				Timucen 250mg
	R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R60	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
				B-Block 50mg; 100mg
				Gulf Atenolol 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilacor 5mg; 10mg
				Bislo 5mg; 10mg
				Bisoprolol Unicorn 5mg; 10mg
Emcor 5mg; 10mg				
Presicard 5mg; 10mg				
R105	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg	
R20	High-ceiling diuretics	Furosemide	Defulide 40mg	
			Furobe 40mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength	
Hypertension	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide 25mg	
				Hexazide 25mg	
				Ridaq 12.5mg	
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg	
				Cipla-Indapamide 2.5mg	
				Daptril 2.5mg	
				Mylan Indapamide 2.5mg	
	R120	Potassium sparing agents	Spironolactone	Aldactone 25mg	
				Spiractin 25mg	
				Spironolactone 25 Kiara 25mg	
	R130	Potassium supplements	Potassium chloride	Plenish-K SR 600mg	
				Ultipot 600mg	
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg	
			Verapamil	Verahexal 240 SR 240mg	
				Verapamil 40 Oethmaan 40mg	
	R80	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg	
				Amlodac 5mg; 10mg	
				Amlodipine Unicorn 5mg; 10mg	
				Amtas 5mg; 10mg	
				Aprate 5mg; 10mg	
				Austell-Amlodipine 5mg; 10mg	
				Ciplavasc 5mg; 10mg	
				Gulf Amlodipine 5mg; 10mg	
				Pendine 5mg; 10mg	
				Vasloc 5mg; 10mg	
				Nifedipine	Adalat XL 30mg
					Cipalat Retard 20mg
Cipalat XR 30mg; 60mg					
Fedoloc SR 30mg; 60mg					
Fidocare XL 30mg; 60mg					
Gitsalat 30mg					
Hypothyroidism	R30	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg	
Multiple sclerosis	R100	Anti-depressants: Tricyclics	Amitriptyline	Anderip 10mg; 25mg	
				Amitriptyline 10mg Austell 10mg	
				Amitriptyline HCl Kiara 25mg	
				Gulf Amitriptyline 25mg	
				Trepiline 10mg	
				Veikiran 10mg; 25mg	
	R290	Drugs for urinary frequency and incontinence	Oxybutynin	Lenditro 5mg	
				Mylan Oxybutynin 5mg	
				Oxyrest 5mg	
	R7 700	Interferons	Interferon Beta-1A	Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Multiple sclerosis	R7 700	Interferons	Interferon Beta-1A	Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Parkinson's disease	R345	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Azilect 1mg
				Kinect 1mg
				Rasapar 1mg
				Razeda 1mg
	R580	Levodopa and decarboxylase inhibitors	Levodopa and decarboxylase inhibitors	Lecardop 25/100mg; 25/250mg
				Teva Carbi-Levo 25/100mg; 25/250mg
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Diclofenac 50mg Clicks 50mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
	Methocaps 25mg			
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
Ibusor 200mg				
Naproxen			Napinflam 250mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R60	Anti-inflammatory agents: Propionic acid derivatives	Naproxen	Naproscript 250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
				Gulf Folic acid 5mg
	R880	Intestinal anti-inflammatory agents: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
				Methotrexate 2.5mg
	R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg
				Ravalef 10mg; 20mg
				Rheumalef 10mg; 20mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
Schizophrenia	R110	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Tamomilt 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
				Fluoxetine
	Zydus Fluoxetine 20mg			
	Sertraline	Dyna Sertraline 50mg; 100mg		
		Tralidep 50mg; 100mg		
	R290	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
Partid 200mg				
Tegretol CR 200mg; 400mg				
Zeptol 200mg				
R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	
			Eprolep CR 200mg; 300mg; 500mg	
			Navalpro CR 200mg; 300mg; 500mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Navalpro liquid 200mg/5ml
				Rubilim CR 200mg; 300mg; 500mg
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamorola 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
	Serinem 25mg; 50mg; 100mg; 200mg			
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R615	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R360	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
	R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Olandus 5mg; 10mg
				Olexar 5mg; 10mg
				Zolanz 5mg; 10mg
	R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Quesara XR 150mg; 200mg; 300mg; 400mg
				Quetz 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
	Zimbiquet 25mg; 100mg; 200mg; 300mg			
	R560	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol Depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
Clopixol depot 200mg				
R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg	
			Alebon 5mg; 10mg; 15mg	
			Aprizon 5mg; 10mg; 15mg	
			Arizofy 5mg; 10mg; 15mg	
			Priptrin 10mg; 15mg	
			Radzil 5mg; 10mg; 15mg	

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Schizophrenia	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Thryve 5mg; 10mg		
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg		
				Rispacor 0.5mg; 1mg; 2mg; 3mg		
				Rispide 0.5mg; 1mg; 2mg		
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		
				Zoxadon ODT 0.5mg; 1mg; 2mg		
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg		
				Diclofenac Biotech 25mg		
				Diclofenac 50mg Clicks 50mg		
				Mylan Diclofenac 25mg; 50mg		
				Panamor AT 50mg		
			Indomethacin	Betacin 25mg		
				Gulf Indomethacin 25mg		
	Methocaps 25mg					
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg		
				Coxflam 7.5mg		
				Flexocam 7.5mg		
			Piroxicam	Pyrocaps 20mg		
				Roxifen 20mg		
	R60	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg		
				Bren 400mg		
				Ibucine 200mg; 400mg		
				Ibunate 200mg		
				Ibusor 200mg		
			Naproxen	Napinflam 250mg		
				Naproscript 250mg		
				R120	Anti-rheumatic agents: Chloroquine	Chloroquine
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg			
			Segavin 5mg			
			Warfarin 5mg Austell 5mg			
			Warfarin 5 Unicorn 5mg			
R30	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg			
			Myoprin 100mg			
R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg			
			Gulf Folic acid 5mg			
R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg			
			Azathioprine PCH 50mg			

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength		
Systemic lupus erythematosus (SLE)	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg	
				Methotrexate	2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
				Panafcort	5mg	
				Trolic	5mg	
	R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream	0.1%	
Topivate cream				0.1%		
Ulcerative colitis	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg	
				Gulf Folic acid	5mg	
	R880	Intestinal anti-inflammatory: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg	
				Asacol suppository	500mg	
				Mezavant	1200mg	
				Pentasa	500mg	
				Pentasa suppository	1000mg	
				Salofalk	1500mg	
				Sulfasalazine	Salazopyrin	500mg
					Salazopyrin EN	500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg	
				Azathioprine PCH	50mg	
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg	
				Methotrexate	2.5mg	
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg	
Panafcort				5mg		
Trolic				5mg		

The Chronic Disease List (CDL) Enhanced medicine list applicable to the Essential and Essential Plus Options

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 4mg; 5mg; 10mg
				Lumont 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Montelukast lhc 4mg; 5mg; 10mg
	Topraz 4mg; 5mg; 10mg			
R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
		Fluticasone	Fluticasone OTC Teva 120 dose 50mcg	
Cardiac failure	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R465	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R325	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiator 30 inh capsules with zelpir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Duoasma 120 dose 25/125; 25/250
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Spirodisc 60 dose 50/100; 50/250; 50/500	
Chronic renal disease	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
Coronary artery disease	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
				Clovexa 75mg
				Plagrol 75mg
Diabetes mellitus Type 2	R330	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R125	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Zomvil 50mg
	R280	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Dapiflo 10mg
				Daptica 10mg
				Duforzig 10mg
Sagalatin 10mg				
Multiple sclerosis	R6 160	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
				Copaxone pre-filled pen 1ml 40mg/1ml
	R4 560	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filegia 0.5mg
				Glomatin 0.5mg
	R4 070	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Teriflunomide Adco 14mg
				Teriflunomide 14 Teva 14mg
Rheumatoid Arthritis	R65	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg
Systemic Lupus Erythematosus (SLE)	R65	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 200mg
				Celexii 100mg; 200mg
				Cyretib 100mg; 200mg
				Innoflam 100mg; 200mg
				Vexicop 100mg; 200mg

Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime

Queries or complaints

You can lodge a query or complaint with Retail Medical Scheme directly on **0860 101 252** or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you can lodge a formal dispute by following Retail Medical Scheme internal disputes process. You can read more about the disputes process on www.retailmedicalscheme.co.za.

You can, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / **0861 123 267** / complaints@medicalschemes.co.za / www.medicalschemes.co.za